

PROPOSED SYLLABUS

B.A. Human Development and Family Empowerment

Choice Based Credit System

From UGC 2015

PREAMBLE

Home Science is an interdisciplinary field of studies comprising of Food and Nutrition Science, Clothing and Textile Science, Human Resource Management, Human Development and Extension and Communication.

Each of these areas is multi - disciplinary in nature dealing with the 'Art and Science of Living'. The individual, the family and the community are the foci of Home Science.

The undergraduate programme in B.A with Human Development and Family Empowerment (HDFE) has been contextualized and embedded in the broader perspective of life span development. The increasing thrust on development programmes and legislations for women and children generates empowering awareness and prepare the students on 'quality intervention programmes'.

The course also emphasizes the integration and application of knowledge on Early Childhood Care and Education (ECCE), to provide stimulating environment to young children, and also to provide practical experiences of working with children which will enable students to develop necessary skills to work effectively with infants and preschoolers in various settings.

The course offers an interesting assortment of skill based courses and generic courses for students of other disciplines to allow for effective transmission of relevant experiences of daily living.

B A HUMAN DEVELOPMENT AND FAMILY EMPOWERMENT

Category of	Name of Papers	Theory	Practical/
Paper		Credits	Tutorial Credits
Discipline Specific Course (DSC)	1. Principles of Child Development	5	1
	2. Introduction to Human Development	4	2
	3. Empowerment of Women & Children	4	2
	4. Principles & Perspectives on Early Childhood Care & Education	4	2
Discipline Specific Elective (DSE)	1. Child Rights & Gender Empowerment	4	2
	2. Children with Special Needs	4	2
	3. Parenting	5	1
	4. Childhood in India	5	1
Skill	1. Life Skills Education	2	
Enhancement Course (SEC)	2. Introduction to Guidance & Counselling	2	
	3. Parent and Community Education	2	
	4. Adolescent Development & Challenges	2	
Generic Electives (GE)	1. Care & Well-being in Human Development	5	1
	2. Child Rights & Social Action	5	1

CHOICE BASED CREDIT SYSTEM IN

B.A HUMAN DEVELOPMENT AND FAMILY EMPOWERMENT

SEME STER	DISCIPLINE SPECIFIC COURSE (12)	ABILITY ENHANCEMEN T COMPULSORY COURSE (AECC) (2)	SKILL ENHANCEMEN T COURSES (SEC) (4)	DISCIPLINE SPECIFIC ELECTIVE (DSE) (2)	GENERIC ELECTIVE (GE)
I	English/ MIL - 1 DSE-HDFE- 1A Principles of Child Development (Theory + Tutorial) DSC - 2A	(English/MIL/C ommunication) / Environmental Science			
II	MIL / English - 1 DSE-HDFE- 1B Introduction to Human Development (Theory + Practical) DSC - 2 B	(English/MIL/C ommunication) / Environmental Science			
III	English / MIL – 2 DSE-HDFE- 1C Empowerment of Women and Children (Theory + Practical) DSC – 2C		SEC - 1		
IV	MIL/ English - 2 DSE-HDFE- 1D Principles and Perspectives on Early Childhood Care and Education (Theory + Practical) DSC - 2 D		SEC - 2		
V	-		SEC - 3	DSE – 1 (Any one out of four)	GE - 1
VI	-		SEC - 4	DSE – 2 (Any one out of four)	GE - 2

DISCIPLINE SPECIFIC ELECTIVE (DSE): (4) – (Any one out of four in sem V and one in sem VI):

- 1. DSE-HDFE-01- Child Rights and Gender Empowerment (Theory and Practical)
- 2. DSE-HDFE-02- Children with Special Needs (Theory and Practical)
- 3. DSE-HDFE-03- Parenting (Theory and Tutorial)
- 4. DSE-HDFE-04- Childhood in India (Theory and Tutorial)

SKILL ENHANCEMENT COURSES (SEC): (4), (One each in Sem III, IV, V, VI):

- 1. SEC- 01 Life Skills Education (Theory)
- 2. SEC- 02 Introduction to Guidance and Counseling (Theory)
- 3. SEC- 03 Parent and Community Education (Theory)
- 4. SEC- 04 Adolescent Development and Challenges (Theory)

GENERIC ELECTIVE (GE): (2) (One each in semester V and semester VI):

- 1. GE- 01- Care and Well-being in Human Development (Theory + Tutorial)
- 2. GE- 02- Child Rights and Social Action (Theory + Tutorial)

DISCIPLINE SPECIFIC COURSES